

inbound rate sheet

1 April 2026 - 31 March 2027



Peninsula Hot Springs is the first natural hot springs, day spa, and wellness destination in Victoria. Natural geothermal mineral waters flow into the pools and private baths at this award-winning coastal oasis, providing an idyllic setting for relaxation and rejuvenation. Peninsula Hot Springs' two bathing facilities provide an experience for everyone.

bath house bathing options

Social communal bathing experience open to all ages and is perfect for groups, friends, and families with over 50 globally – inspired bathing experiences.

Standalone revitalise bathing admission

Experiences include thermal mineral spring pools, hilltop pool offering 360-degree views of the region, cave pool, Turkish steam bath, underground sauna, cold plunge pool, reflexology walk, massaging thermal showers, family bathing area, hydrojet lakeside pool and naturally landscaped bathing gully.

- Bath House Bathing & Cafe available -
Monday to Friday: 7am to 11pm, Saturday & Sunday 5am to 11pm
- Admission includes untimed access to over 50 bathing experiences
- Pre-booking several days in advance is advised

Inbound Agent Rate 30%

revitalise bath house admission

	Retail	Nett
Adult (16+years)	\$80.00	\$56.00
Child (3-15years)	\$55.00	\$38.50
Towel	\$6.00	
Robe	\$15.00	
Locker	\$10.00	
Robe, locker and towel hire bundle	\$25.00	

bath house wellness options

wellness activity & revitalise bathing

Enhance your revitalise bathing experience with one of our signature wellness activities. Experience the healing powers and cooling effects of clay with our signature body clay ritual, or be invigorated by the powers of hot and cold therapy with our fire & ice experience.

Option 1: Fire & Ice

45 minutes | 12 per class

Daily availability

Be invigorated by the powers of hot and cold therapy in our state-of-the-art saunas and ice cave. Flow between our hot saunas, cold plunge pools and geothermal hot spring pools. You will learn and experience the key health benefits of this popular science under the guidance of trained instructors during this energising workshop.

Attire: swimwear, thongs

Bring: water bottle, towel, robe optional

- Bath House Bathing & Cafe available -
Monday to Friday: 7am to 11pm, Saturday & Sunday 5am to 11pm
- Admission includes unlimited access to over 50 bathing experiences
- Arrive at the springs 30 minutes prior to your wellness activity
- Pre-booking several days in advance is advised
- Available to guests over the age of 16

Inbound Agent Rate 30%

revitalise bathing & wellness		
	Retail	Nett
Adult (16+years)	\$100.00	\$70.00
Towel	\$6.00	
Robe	\$15.00	
Locker	\$10.00	
Robe, locker and towel hire bundle	\$25.00	

Option 2: Body Clay

45 minutes | 20 per class

Daily Availability

Experience the healing powers and cooling effects of clay with our signature body clay ritual, perfect for friends and groups of all ages. We have carefully selected a series of detoxifying clays from around Australia, each with their own unique therapeutic benefits. During this playful workshop, our knowledgeable and engaging hosts will share stories about the benefits as you enjoy a simple and universal connection with Nature.

Attire: swimwear, thongs

Bring: water bottle, towel, robe optional

- Bath House Bathing & Cafe available -
Monday to Friday: 7am to 11pm, Saturday & Sunday 5am to 11pm
- Admission includes unlimited access to over 50 bathing experiences
- Arrive at the springs 30 minutes prior to your wellness activity
- Pre-booking several days in advance is advised
- Available to guests over the age of 12

Inbound Agent Rate 30%

revitalise bathing & wellness		
	Retail	Nett
Adult (16+years)	\$100.00	\$70.00
Towel	\$6.00	
Robe	\$15.00	
Locker	\$10.00	
Robe, locker and towel hire bundle	\$25.00	

bath house food & beverage options

From a selection of light meals, refreshing drinks and freshly ground coffee, we serve simple yet healthy dishes to be enjoyed in our cafe spaces or surrounded by nature in our relaxing Bath House picnic area.

Option 1: Lunch & bathe

Between bathing in the geothermal springs of our Bath House, enjoy a nourishing lunch at your leisure from our Bath House Cafe or Amphitheatre Cafe to the value of \$30. Available on any item during operating hours.

Attire: swimwear, thongs

Bring: water bottle, towel, robe optional

- Bath House Bathing & Cafe available -
Monday to Friday: 7am to 11pm, Saturday & Sunday 5am to 11pm
- Entire \$30 credit to be used in one transaction.
- Admission includes unlimited access to over 50 bathing experiences.
- Pre-booking several days in advance is advised.

Inbound Agent Rate 30%

lunch & bathe		
	Retail	Nett
Adult (16+years)	\$110.00	\$77.00

Option 2: Sustain & bathe

A dining experience designed to nourish your appetite and replenish your body. For groups of 30 and above, enjoy a selection of healthy food and drink options from our Sustain dining menu.

Attire: swimwear, thongs

Bring: water bottle, towel, robe optional

- Bath House Bathing & Cafe available -
Monday to Friday: 7am to 11pm, Saturday & Sunday 5am to 11pm
- Sustain dining available from 11am–5pm.
- Admission includes unlimited access to over 50 bathing experiences .
- Food will be served 30 minutes after group arrival/check-in unless specified otherwise.

Sample Menu: Bliss balls, platter of mixed bagels and ciabatta rolls, salad of the day, seasonal fruit platter & dried nuts, orange juice, tulsi tea and water

Inbound Agent Rate 30%

sustain & bathe		
	Retail	Nett
Adult (16+years)	\$120.00	\$84.00

spa dreaming centre

Tranquil bathing experience reserved for guests 16 years and older. Enjoy the serenity of this area which features over 20 thermal bathing experiences, mineral pools, cold plunge pool, infrared, and traditional saunas, Hammam, massaging bamboo shower, Zen Chi machines, poolside lounges.

reset - all of site bathing

Reset - All of Site bathing visit includes access to over 70 globally inspired bathing and wellness experiences. This encompasses both the all-ages Bath House and the adults-only Spa Dreaming Centre.

The Spa Dreaming Centre, reserved exclusively for guests 16 years and over, is a serene sanctuary featuring a curated collection of premium bathing experiences designed for deep relaxation and rejuvenation.

- Check in at the Spa Dreaming Centre, open daily from 8am – 11pm
- Unlimited access to over 70 globally inspired bathing experiences across the property
- Includes 20+ exclusive bathing experiences in the adults-only Spa Dreaming Centre (16+ years)
- Towel, robe, and locker hire included for your comfort
- Advance booking essential – we recommend reserving several days ahead

Retail Agent Rate 30%

reset - all of site bathing package

	Retail	Nett
Adult (16+years)	\$125.00	\$87.50

private sanctuary & bathe package

Relax and unwind with our private bathe or pool package, including unlimited access to the Spa Dreaming Centre thermal mineral pools.

Private bathing Pavilion – a 45-minute private bathing pavilion with a choice of additive

Private outdoor Bath – 45-minute private outdoor bathing experience ideal for solitary retreat, reconnection with a partner or special event with a group of up to 5 adults.

- Check in at the Spa Dreaming Centre, available 8am–11pm, 7 days a week
- Admission includes unlimited access to over 20 bathing experiences reserved for 16 years and over
- Access to Bath House general bathing (additional 50 pools to experience)
- Towel, robe and locker hire included
- Maximum 2 guests per pavilion and 5 guests per private pool
- Pre-booking essential and subject to availability
- Guests must arrive 30 minutes prior to their private bathing experience.
- Pre-booking several days in advance is essential

Inbound Agent Rate 30%

spa dreaming centre private sanctuary & bathe package

	Retail	Nett
Adult (16+years)	\$180.00	\$126.00

terms & conditions

Pricing

- Retail pricing is subject to change
- Nett rate is valid from 1st April 2026 to 31st March 2027 regardless of any retail price which is subject to change

Wellness

- Wellness activity times subject to change
- Some wellness activities are weather dependent
- If your outdoor wellness activity is cancelled due to bad weather it will be replaced with an alternative wellness offer on the day of your booking

Booking Process

- Pre-booking essential, bathing times are subject to availability
- Email booking enquiries to tourism@peninsulahotsprings.com or 03 5950 8712 during standard office hours (7 days)
- Free of charge: 10:1 ratio for FOC tour leaders/guides. Subject to availability at the time of booking

Cancellation Policy

- Booking cancellations made at least 24 hours prior to the booking arrival time will be provided a full refund
- Booking cancellations made less than 24 hours prior to the booking arrival time (including 'no-shows'): 100% of the cost will be charged

Credit Facility

Credit Terms – strictly 7 days after guests' departure

Non-disclosure

- Your contracted bathing rates are strictly confidential
- Retail prices are subject to change, please refer to our website pricing when quoting Peninsula Hot Springs
- Request Peninsula Hot Springs approval before advertising on online group buying websites
- Peninsula Hot Springs should not be promoted on third party websites as a standalone product without written approval from Peninsula Hot Springs

Group Check in process

- Any guests arriving between 9.30am-4.30pm must check in at the Group and Tour Check in located at the main entrance.
- If arriving outside of these times check in at the Bathhouse Reception.
- Spa Dreaming Centre packages must check in at the Spa Dreaming Centre reception.

- All booking confirmations will be supplied with a before you leave home document. We strongly encourage you to share with your guests so they know what to expect on the day of arrival.
- We recommend Groups sizes over 10 pax pre book lockers on arrival to avoid disappointment.

Food & Beverage – Lunch & Bathe

- Group Maximum 30 guests per booking. Any group bookings over 30 guests will need to purchase the Sustain & Bathe package.
- Guest must use the entire \$30.00 credit in one transaction.
- Any purchase over the \$30.00 credit will need to be paid by Guest.
- No refunds if the entire \$30.00 is not used during the booking.
- If guests lose their wristband, they lose their entire credit.
- \$30.00 Food & Beverage credit cannot be used with the QR code system at Peninsula Hot Springs.
- Peninsula Hot Springs menu changes seasonally.
- Dietary requirements must be advised 7 days in advance.
- Whilst we do our best to cater to dietary requirements, we cannot guarantee that there won't be traces of allergens within our kitchen

Food & Beverage – Sustain & Bathe

- For groups of 30 guests and over.
- Sustain dining available 11am - 5pm.
- Sustain menu must be ordered a minimum of 7 days in advance.
- Dietary requirements must be advised 7 days in advance.
- Whilst we do our best to cater to dietary requirements, we cannot guarantee that there won't be traces of allergens within our kitchen.

Victorian school and public holidays

Easter school holidays	3 April to 6 April 2026
Anzac Day	25 April 2026
Winter school holidays	June 27 to July 12 2026
Spring School holidays	19 September to 4 October 2026
Kings Birthday Weekend	8 June 2026
Summer School holidays	19 December 2026 to 26 January 2027
Christmas Day	25 December 2026
Boxing Day	26 December 2026
Melbourne Cup Long Weekend	3 November 2026
Labour Day	9 March 2027

online library

- Before you leave home information for Bath House click [here](#)
- Before you leave home information for Spa Dreaming Centre click [here](#)
- Maps of the facilities click [here](#)
- To access the online library click [here](#)